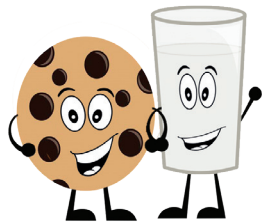




Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'

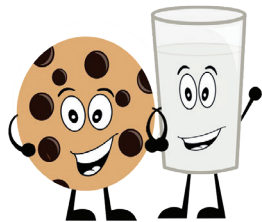


<p>OPTION 1</p> <p>OPTION 2</p> <p>COOK'S CHOICE</p> <p>CARBS</p> <p>PUDDING</p>	Pork Sausages & Gravy	BBQ Chicken	Roast Chicken with Stuffing & Gravy	Spaghetti Bolognese	Chicken Nuggets
	Cheese & Potato Pie v	Vegetarian Sausage Roll v	Cheese & Red Onion Quiche v	Quorn Bolognese v	Pizza Selection v
	Jacket Potato with Cheese v	Jacket Potato with Tuna & Sweetcorn	Jacket Potato with Baked Beans v	Jacket Potato with Cheese v	BBQ Quorn & Cheese Melt v
	Mashed Potatoes or Crusty Bread	Pasta or Diced Potatoes	Roast & New Potatoes	Garlic & Herb Bread or Potato Wedges	Potato Crunchies or Chips
	Mousse	Waffle	Iced Cake	Cookies	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

ALL SERVED WITH - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts



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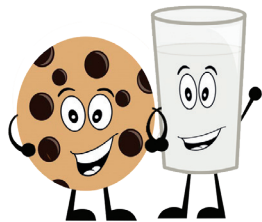


<p>OPTION 1</p> <p>OPTION 2</p> <p>COOK'S CHOICE</p> <p>CARBS</p> <p>PUDDING</p>	<p>Fish Finger Fish Cake or Fish Shape</p>	<p>Breaded Chicken Steak</p>	<p>Roast Beef Yorkshire Pudding & Gravy</p>	<p>Chicken Tikka Masala</p>	<p>Pizza Selection</p>
	<p>Vegetable Goujons v</p>	<p>Pasta Neapolitan v</p>	<p>Roasted Quorn Fillet & Gravy v</p>	<p>Curried Quorn & Salad Wrap v</p>	<p>Nacho Bites v</p>
	<p>Jacket Potato with Cheese & Baked Beans v</p>	<p>Bacon & Cheese Melt</p>	<p>Jacket Potato with Tuna Mayo</p>	<p>Tomato & Basil Pasta Pot v</p>	<p>BBQ Quorn & Cheese Melt v</p>
	<p>Diced Potatoes or Crusty Bread</p>	<p>Potato Crunchies or Garlic & Herb Bread</p>	<p>Roast & Mashed Potatoes</p>	<p>Rice or Potato Wedges</p>	<p>Chips</p>
	<p>Chocolate Crunch</p>	<p>Waffle</p>	<p>Ice-cream Tub</p>	<p>Toffee Apple Slice Custard</p>	<p>Fruity Friday <i>A selection of chilled, frozen & fresh fruit desserts</i></p>

ALL SERVED WITH - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts



Fresh DINING



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Everyday favourites

Mid-week roast

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'Enjoy your lunch'



<p>OPTION 1</p> <p>OPTION 2</p> <p>COOK'S CHOICE</p> <p>CARBS</p> <p>PUDDING</p>	Sweet & Sour Chicken	Beef Burger with tomato ketchup	Roast Pork Yorkshire Pudding & Gravy	Chicken Pasta Pot	Shepherd's Pie
	BBQ Veggie Hot Dog v	Mediterranean Quorn v	Meat (free) Balls Yorkshire Pudding & Gravy v	Mac 'n' Cheese v	Pizza Selection v
	Ham Sandwich	Jacket Potato with Cheese & Baked Beans v	Tomato & Basil Pasta v	Pasta Neapolitan v	Jacket Potato with Baked Beans v
	Pasta or Potato Crunchies	Diced Potatoes	Roast & Mashed Potatoes	Garlic & Herb Bread or Potato Wedges	Chips
	Flapjacks	Iced Cake	Waffle	Apple Puff Slice Custard	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

ALL SERVED WITH - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts