

Free school meals:

Your child may be able to get free school meals if you get any of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

Children who get paid these benefits directly, instead of through a parent or guardian, can also get free school meals.

Your child may also get free school meals if you get any of these benefits and your child is both:

- Younger than the **compulsory age for starting school**
- In full-time education

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2023.

Infant free school meals in England

Your child will be able to get free school meals if they're in a **government-funded school** and in:

- Reception class
- Year 1
- Year 2

Tell your local authority if you also get any of the qualifying benefits. Your child's school can get extra funding if you do.

www.gov.uk/apply-free-school-meals

Each day your child can enjoy:

- A choice of main meals and seasonal vegetables.
- A dessert, piece of fresh fruit or yoghurt.
- Access to our salad bar, fresh bread and water station.

Did you know?

- Our meals are over 75% freshly prepared.
- They include meat from farms that satisfy U.K. welfare standards.
- They are made with free range eggs, where eggs are used.
- They include seasonal and local British produce.
- They contain no undesirable food additives, or hydrogenated fats, or GM ingredients.

Shire Services

Your quality, fresh, delicious school meals provider.

for further information

T: 01743 250250

www.shireservices.co.uk



Vacancies Page on Shropshire Council Website

John Wilkinson Primary School

Fresh Dining Lunch Menu

Shire Services are proud to serve freshly prepared, locally sourced food



Fresh DINING

www.shireservices.co.uk

**Week
Commencing**

School Menu - balanced, nutritious and freshly prepared tasty meals

Monday

Tuesday

Wednesday

Thursday

Friday

01/05/2023
22/05/2023
19/06/2023
10/07/2023

Week 1

Breaded Chicken Steak

Beef Bolognise

Cook's Roast of the Day
*served with Yorkshire
pudding & gravy*

BBQ Chicken Wrap
served with salad

Selection of Pizzas
*cheese & tomato, pepperoni
pineapple*

Curly Fries
Sweetcorn
Baked Beans

Pasta
Broccoli
Baked Beans

Roast & Mashed Potatoes
Carrots
Peas
Cauliflower Cheese

Herby Diced Potatoes
Baked Beans
Sweetcorn

Chips
Garden Peas
Baked Beans

Selection of
Freshly-made Flapjacks

Syrup Sponge
Custard

Ice-cream Tub

Chocolate Brownie
Chocolate Sauce

Selection of
Freshly-made Muffins

08/05/2023
05/06/2023
26/06/2023
17/07/2023

Week 2

Meatballs in Tomato Sauce

Build Your Burger
*beef or veggie burger,
cheese slice, sliced tomato,
lettuce, tomato ketchup,
mayonnaise*

Cook's Roast of the Day
*served with Yorkshire
pudding & gravy*

Pork Sausages
served with tomato ketchup

Fish Fingers
served with sweet chilli mayo

Pasta, Diced Potatoes
Broccoli, Cauliflower

Curly Fries
Sweetcorn, Garden Peas

Roast & Mashed Potatoes
Carrots, Cabbage

Sauté Potatoes
Baked Beans, Green Beans

Chips
Peas, Sweetcorn

Selection of
Freshly-made Shortbread

Apple Swirl & Custard

Ice-cream Tub

Cornflake Tart
Custard

Selection of Cookies
& Traybakes

15/05/2023
12/06/2023
03/07/2023
24/07/2023

Week 3

Chicken or Quorn Tikka

Beef Lasagne
served with garlic bread

Big Breakfast
sausage, bacon, egg

Chicken Nuggets
served with tomato ketchup

A Selection of Pizzas
*cheese & tomato, sweetcorn,
pineapple*

Pasta Neapolitan

Rice
Peas
Carrots

Diced Potatoes
Broccoli
Green Beans

Sauté Potatoes
Baked Beans, Mushrooms,
Tomatoes

Curly Fries
Baked Beans, Sweetcorn

Chips
Peas, Baked Beans

Selection of
Freshly-made Fruit Muffins

Chocolate Marble Sponge
Chocolate Sauce

Ice-cream Tub

Iced Sponge
Custard

Selection of Freshly-made
Cookies & Traybakes

Freshly prepared salads & crusty bread, fruit salad, cheese & crackers & yoghurt are available every day - menu s+

Food allergen & intolerance information - before ordering speak to our staff about your requirements